

ASHTON AREA SUPPORT SERVICES



Acknowledging that in times of need people may feel overwhelmed and lost—even and sometimes especially in a small town—the City Council of Ashton has given support to the listing which follows. It was prepared by local citizens hoping to provide a quick one-stop look at services available in our area.

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CRISIS INTERVENTION

Agency	Phone/Address	Notes
Ashton	911	All emergencies, and ambulance
Fremont County Sheriff	624-4482	Domestic violence, sexual abuse
St. Anthony Police Dept.	624-4001	
Poison Control	1-800-222-1222	
Suicide	227-2100 Behavioral Health Center, IF	
	1-800-564-2120 Idaho Suicide Hotline	24 hour hotline, can/will connect with local services.
	1-800-273-8255, 1-800-784-2433 www.suicidepreventionlifeline.org National Suicide Hotline	24 hour hotline. Press 1 for Veterans; dial 1-888-628-9454 for Spanish language
	Suicide Prevention Action Network (SPAN) www.spanidaho.org	NOT a hotline. Provides education, awareness, survivor support.
	Kristin Brooks Hope Center www.hopeline.com	Website encouragement, e-mail and chat help. Phone numbers for Veterans, Latinos, teens, grads, and postpartum moms.
American Red Cross of Greater Idaho	853-2570, ext. 701 330 Shoup, Idaho Falls, 83402	Disaster relief, disaster preparedness and prevention.
ALL NEEDS		
Idaho Careline	Phone: 211 or 1-800-926-2588 www.idahocareline.org www.211.idaho.gov	Connects to over 3400 health and human services (including infants to seniors).
ABUSE/NEGLECT		
Child Protective Services	356-9218, 333 Walker Dr, Rexburg	Emergency Child Protection
Dept. of Health and Welfare	359-4750 333 Walker Drive, Rexburg	Child Abuse and Neglect
Family Crisis Center	356-0065 218 Dividend Dr, Suite #5 Rexburg	
Help, Inc. (Children and Family Support Center)	552-5545 (crisis line 521-4999) 631 N 200 E, Suite #1, Rexburg	Provides counseling, child/family advocacy, parenting classes
Idaho Commission on Aging	www.idahoaging.com	Adult advocacy/protective services

ADDICTIONS

***Please refer to section on counseling and support groups listed below.**

ADOPTION

Dept. of Health and Welfare	359-4750 333 Walker Drive, Rexburg	
LDS Family Services	356-6975, 178 W 1 st S, Rexburg	
Northwest Adoption Exchange	http://www.nwae.org	Serves Idaho families

ANIMAL CARE - VETERINARY MEDICINE

Driggs Veterinary Clinic	Ashton office: 652-7372 412 Main St, Ashton	
Countryside Veterinary Clinic	624-1711 2724 E 700 N, St. Anthony	
Fremont Animal Care Center	624-7218 ; 1075 S Yellowstone Hwy, St. Anthony	

BEHAVIORAL SERVICES

Upper Valley Community Health Services	624-4100 20 N 3 rd E, St. Anthony	Sliding-fee discounts based on family size and income.
Fremont County Schools Special Services	624-3146 48 E 1 N St, Anthony	Referral through local school counselors
Child and Family Resource	356-4911 316 N 3 rd E, Rexburg	
Helping Idaho Families	709-6765; Jessica Duersch for Madison and Fremont Counties.	Helps families with children's behavioral, emotional, and mental health
Upper Valley Children Services	359-0519-Main Office 356-3583 36 N 2 nd W, Rexburg	Partial care, counseling available

COUNSELING/SUPPORT GROUPS

A/A (Alcoholics Anonymous)	Ashton Senior Citizen Center 522 Main, Ashton; Trails Inn, 213 Main St, Ashton	Support group for persons with addictions. Sun: 9:00 am at the Trails Inn; Mon: 8:00 pm at Senior Center
Al-anon	Ashton Senior Citizen Center 522 Main, Ashton	Support for families of persons who have addictions to alcohol or drugs. Mondays--8 pm at Senior Center
Ala-teen	Family Recovery Center 1420 17 th St., Suites B,C,D Idaho Falls	*Teens can attend Al-anon in Ashton Mon: 8 pm Senior Center. I.F. meeting is Thurs: 7-8 pm.
Addiction Recovery Group	624-3689, Upper Valley Bible Church, St. Anthony, Chris Isaacs, 624-7809	Wednesday 7pm and Friday 7pm

LDS Addiction Recovery Program (ARP)	Ashton --Rex and LaDawn Baum 652-7301; Seminary Building, 652-3241, 1032 Pine St, Ashton.	Every Sunday at 7:15 pm at the Seminary Building.
	Island Park —Ken Hymas 558-7581; 4120 N Big Springs Rd.	Every Thursday at 7 pm at Island Park Ward building.
District #7 Treatment Program	705-6041 127 E Main, Rexburg	Substance Abuse
Olive Tree	208-356-3455 802 S Fifth West, Rexburg www.olivetree.org	Eating Disorder Treatment Facility
Over-Eaters Anonymous	www.therecoverygroup.org	Anonymous 12-step, on-line program. Every three hours: midnight, 3, 6, 9; noon, 3, 6, 9 Eastern time
Fremont County Schools Special Services	624-3146 48 E 1 N St. Anthony	Multi-focus; referrals made through individual school counselors.
Family to Family	356-6415, Pastor Tony Alrichs Grace Baptist Church, 262 N 2 W, Rexburg	Mental health issues
Idaho Autism Community	www.idahoautismcommunity.org Ida Wilson at 624-7655	Local meetings: 2 nd Thursday, 6:30-8.00 BYU-I campus, Hinckley Bldg. #333 Rexburg
LDS Family Services	356-6975 631 N 200 E, Suite #1, Rexburg	Multi-focus counseling available
Upper Valley Resources and Counseling	359-0519 36 N 2 nd W, Rexburg	Multi-focus counseling available; parenting classes
PFLAG	522-1057 Idaho Falls	Support group for parents and families of lesbians and gays
Evergreen International	(800)-564-1000 307 W 200 S, Suite 4006 Salt Lake City, UT 84101	Same sex attraction
Utah Pride Center	801-539-8800 ext.13 utahpridecenter.org	Transgender support
Caring Bridge	www.caringbridge.org	Provides free websites connecting friends and family through critical illness, recovery.
DEVELOPMENTAL/SPECIAL NEEDS		
Excellence for Everyone: Developmental Disability Agency	Contact: Lori Olson 624-2002 St. Anthony	Provides developmental therapy and behavior counseling for ages 3-Adult.
Fremont County Schools	624-3146 48 E 1 N, St. Anthony	Developmental Kindergarten (screening and services)

District #7 Health: Early Intervention Screening	356-3239 314 N 3 rd E. Rexburg	Provides health, hearing, vision and developmental screening for infants and toddlers. Held quarterly in Rexburg
Infant Toddler Program	525-1273 333 Walker Dr, Rexburg 83440	Provide screening, evaluation and therapy (speech, OT, PT, behavior) for developmental delays, ages birth-3yrs.
Rehabilitation Services of Idaho	359-9570 Rexburg Medical Center 393 E 2 nd N, Rexburg	Provide pediatric therapy as well as occupational and physical therapy, speech/learning pathology services for all ages.
Upper Valley Options	359-3133 1120 Stocks Ave, Rexburg	Provides developmental therapy ages 3-adult; behavioral therapy.
Idaho School for Deaf and Blind	339-3000	Provides in-home hearing and vision therapy; supports for children birth-18 yrs of age.
Life, Inc.	Independent Living Center 529-8610, 250 S. Skyline Dr. Idaho Falls, 83402	Assists people with disabilities to be independent: equipment, paperwork help for food, benefits, housing, etc.
Idaho Council on Developmental Disabilities	www.icdd.idahoo.gov (208) 334-2178; 802 W. Bannock St. suite 308, Boise, ID 83702	Promotes capacity of people with development disabilities and their families.

EMPLOYMENT

Job Service-Idaho Works	356-4451 316 North 3 rd E, Rexburg	
LDS Employment Resource Center	359-1446 590 Summerwood, Rexburg	
Employment Services	http://www.idaho.gov/job_labor/	

FINANCIAL SERVICES

American Association of Retired Persons (AARP)	Contact: 528-8887 Ashton Senior Center, Tuesdays; Rexburg, Thursdays	Provide assistance with tax preparation for seniors and low-income families. February 1 st - April 15 th
Dept. of Health and Welfare	356-9218 333 Walker Drive, Rexburg	
Latino Economic and Development Center	Jayson Meline, 782-3665	Financial literacy; small business/micro loans for the Latino community; bilingual.
Madison Extension Agent	Luke Erickson, 356-3191 134 E. Main, Rexburg	No cost 1-on-1 financial counseling; AFC accredited.

Partners for Prosperity	552-6517 (Idaho Falls); main office in Blackfoot. P4Peid.org	Many programs to alleviate poverty especially for minorities; free tax filing assistance.
Rexburg USDA Service Center	www.rurdev.usda.gov/rhs 208-356-5701, ext 102 302 Profit St, Rexburg	Qualified borrowers may receive assistance for a portion of the interest charge on mortgage payments.

FOOD ASSISTANCE

Ashton Community Food Pantry—SHARE Network	Call Klara, 681-6527 Ashton Community Center, Room #2 925 Main Street, Ashton	2 nd W: 5-7; 4 th Sat: 10-12 (Photo ID required) Region: NF School boundaries
USDA Food Commodities	Faith Baptist Church, St. Anthony	12-4 pm, 3 rd Mondays (documentation required)
Upper Valley Bible Church	624-3689 825 W 4 th N, St. Anthony	Free bread, Tuesdays 5-5:30
Idaho WIC (Women, Infant and Children)	Contact: Dist #7 Health, 624-7585— 45 S. 2 nd W, St. Anthony	T-F, 8-12, 1-5
Family Crisis Center	356-0065 218 Dividend Dr. Suite #5, Rexburg	Small, immediate help
Department of Health & Welfare—Food Stamps	333 Walker Dr, Rexburg	Apply in person, 8am-5pm W, F.

GENERAL ASSISTANCE

Eastern Idaho Community Action Partnership	522-5391 or 1-800-632-4813	Multiple services to help and empower families; all ages
Fremont County Social Services	624-7365	9am-4pm, Mon-Thurs
Fremont County Schools - Homeless Coordinator	624-3372	Access to many programs
Ashton Red Hats—Giving Tree	Contact: Lynda, 652-3238	Small, short-term help
Department of Health and Welfare	359-4750	

HOUSING

Village Gardens	1-800-376-2840 corner Cherry and Pacific, Ashton	Subsidized units
Parkview Apartments	528-7876 249 N 8 th W, St. Anthony	Subsidized units
Pondside Gardens Apartments	624-7146 723 N Radio Rd., St. Anthony	Subsidized units
US Dept. of Housing and Urban Development	www.hud.gov/groups/fairhousing.cfm	

Rexburg USDA Service Center	www.rurdev.usda.gov/rhs 208-356-5701, ext 102 302 Profit St, Rexburg	Qualified borrowers may receive assistance for a portion of mortgage payments.
LEGAL SERVICES		
Catholic Church of Idaho	782-0027 Idaho Falls	Help with legal advice
ACLU of Idaho	208-344-9750	Multiple issues including discrimination
Human Rights Commission	1-888-249-7025	Multiple issues including discrimination
Idaho Department of Juvenile Corrections	www.idjc.idaho.gov , 208-334-5100, 954 W Jefferson St, Boise	
Idaho Volunteer Lawyer Program	1-800-211-3295 (Boise)	Custody, divorce, adoption, wills, probate, consumer...issues
MEDICAL/ HEALTH CARE SERVICES		
Ashton Community Pharmacy	652-3932 23 S 8 th , Ashton	Mon-Friday 9-5:30; early drop-off for RX request available inside clinic at 8 am.
Ashton Medical Center	652-3396 23 S. 8 th Street, Ashton	Mon-Friday 8-4:30 Physician Asst—Mon-Friday Physician—Thursday
Island Park Medical Clinic	558-7766 3765 Highway #20 Island Park	Open 9-4, M-T, Th Nurse practitioner—M, Th Registered Nurse—Tuesday
Upper Valley Community Health Services	624-4100 20 N 3 rd E, St. Anthony	Sliding-fee discounts based on family size and income.
Eastern Idaho Public Health District	624-7585 45 S 2 nd W, St. Anthony	
District #7 Health	356-3239 314 N 3 rd E, Rexburg	Immunizations available
Toenjes, Kunz, Brizzee & Orme Family Dentistry	652-7868 204 Main Street, Ashton	Open in Ashton M and T; other days in St. Anthony
Green Timber Therapeutic Massage	652-7267 4560 E. 1400 N., Ashton	Appointments in Ashton Med Center or in Greentimber.
Precision Chiropractic Center	652-2255 608 Main St., Ashton	Massage Therapy also available
Total Health and Fitness	652-2255 608 Main St., Ashton	Exercise room with circuit stations; reasonable fees
Alpine Physical Therapy	652-9979 700 N 2 nd , Ashton	Physical Therapy
Creekside Home Health and Hospice	528-8100 3688 Washington Prkwy, I.F.	Services available in Ashton (Dawn Egbert)

Hospice Alliance	359-9667 380 Walker Dr, Rexburg	Works with Teton Oncology, services Ashton
Rexburg Home Health and Hospice	356-6688 280 E. Main, Rexburg	
Upper Valley Home Health	356-7280 343 E 4 th N, #117, Rexburg	
Ashton Living Center	208-652-7461 700 N 2, Ashton	Nursing home; plus assisted-living rooms
Spring Creek Manor	624-1088 610 N Bridge St, St. Anthony	Assisted Living
MEDICAL CARE COSTS		
Katie Beckett Medicaid Program	528-5800, option 2 for Medicaid	8-5 Monday – Friday Child’s Income-based assist.
Family Healthcare (Local resources)	1-866-326-2485 1-800-926-2588	
Partnership for Prescription Assistance	1-888-477-2669 www.ppaarx.org (in English and Spanish)	For qualified persons who do not have prescription drug insurance coverage.
Medicaid (Health and Welfare)	359-4750 333 Walker Dr, Rexburg	State-sponsored insurance
Medicare (Social Security)	522-7992	
MENTAL HEALTH		
Dept of Health and Welfare	359-4750, 333 Walker Dr, Rexburg	Children’s and adult’s mental health; parenting respite available.
Family to Family	356-6415, Pastor Tony Alrichs Grace Baptist Church, 262 N 2 W, Rexburg	Helps with mental health issues
Helping Idaho Families	709-6765; Jessica Duersch for Madison and Fremont Counties.	Helps families with children’s behavioral, emotional, and mental health
SENIORS		
SENIOR CENTERS		
Ashton Senior Citizens	652-3594, 522 Main St., Ashton	Lunch Th and F, van service available
South Fremont Seniors	624-3458, 420 Bridge St., Suite D St. Anthony	
SENIORS - SPECIALIZED SERVICES		
American Association of Retired Persons (AARP)	Contact: 528-8887 Ashton Senior Center, Tuesdays; Rexburg, Wednesdays	No-cost local assistance with tax preparation; trained professionals. February 1 st – April 15 th .
Idaho Commission On Aging	http://www.idahoaging.com/abouticoa 1-877-471-2777	Multiple services: caregiver, in-home, nutrition, support,

		worker programs; advocacy/abuse protection
National Council on Aging	www.benefitscheckup.org	Info about benefits, prescription help, nutrition assistance, eldercare.
Medicare (Social Security)	522-7992	
TRANSPORTATION		
TRPTA	356- 9033	Personal pay (Medicaid), 24 hour notice. Wheelchair accessible.
Rocky Mountain Trails	1-800-356-9796 www.saltlakeexpress.com	24/7 schedule and reservations available on-line. Shuttle serves Island Park, Rexburg to SLC
VOCATIONAL REHAB		
Vocational Rehabilitation	356-4190, 155 W. Main , Rexburg	
Upper Valley Industries	356-3722, 16 N 2 nd E, Rexburg	
WOMEN/CHILDREN		
WOMEN/CHILDREN - NUTRITION		
Women, Infant, & Children (WIC)	624-7585, 42 S 2 nd W, St. Anthony 356-9594, 314 N 3 rd E, Rexburg	Nutrition classes and financial assistance
WOMEN/CHILDREN - DAYCARE		
Cornerstone Learning Center	419-4797, 784 Baker Road clckids05@yahoo.com	Ages 6 wks to 5 th grade; Summer: M-Th, 7am-6pm F/Winter: M-F, 7am-6pm
Idaho Careline	211 or 1-800-926-2588	Current licensed daycare listings available
WOMEN/CHILDREN - PREGNANCY		
Birthright of Idaho Falls	208-524-8929 1970 E 17 th St., Idaho Falls	
Doulas	www.dora.org	Site gives listings which include certified doulas in St. Anthony and Rexburg.
Idaho Midwives	www.idahomidwives.org	Closest is Rigby
La Leche League	www.llli.org	
Planned Parenthood	800-230-7526 200 N. 2 nd Street, Twin Falls	
Pregnancy Crisis Center	208-734-7472 718 Shoshone St. E, Twin Falls	Options/abortions , call for appointments.